

Body Mass Index Charts

Girls 5-17 years of age

Age	Level I-Red	Level II-Yellow	Level III-Green	Level IV-Blue
	Severe Overweight more than 97th % BMI	Overweight more than 95th % BMI	At Risk for Overweight more than 85th % BMI	Healthy Weight 50th to 85th % BMI
<5 years	See your pediatrician	See your pediatrician	See your pediatrician	See your pediatrician
5 years	more than is	more than 18	more than 17	15-17
6 years	more than 20	more than 19	more than 17	15-17
7 years	more than 21	more than 20	more than 18	16-18
8 years	more than 22	more than 21	more than 18	16-18
9 years	more than 23	more than 22	more than 19	16-19
10 years	more than 25	more than 23	more than 20	17-20
11 years	more than 26	more than 24	more than 21	18-21
12 years	more than 27	more than 25	more than 22	18-22
13 years	more than 28	more than 26	more than 23	19-23
14 years	more than 29	more than 27	more than 23	19-23
15 years	more than 30	more than 28	more than 24	20-24
16 years	more than 31	more than 29	more than 25	21-25
17 years	more than 32	more than 30	more than 25	21-25

*BMI scores are rounded to the nearest 1.0.

Body Mass Index Charts

Boys 5-17 years of age

Age	Level I-Red	Level II-Yellow	Level III-Green	Level IV-Blue
	Severe Overweight more than 97th % BMI	Overweight more than 95th % BMI	At Risk for Overweight more than 85th % BMI	Healthy Weight 50th to 85th % BMI
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